



The Holman Group

Employee Assistance Program



Our EAP is 100% employer-sponsored, and provides free face-to-face counseling sessions with local licensed therapists. The number of sessions and rates vary by employer based on the number of employees.

The EAP can be used for confidential assistance with problems involving:

- Marriage and Family
- Stress
- Grief
- Adolescent Behavior
- Depression
- Legal & Financial
- Substance Abuse
- Job-related issues
- Emotional Difficulties



Our EAP also offers...

- A nationwide toll-free number staffed by licensed therapists available 24/7 to help in a crisis
- A free 30-minute phone consultation for each separate legal matter with a licensed attorney; 25% discount if attorney services are retained after initial consultation
- Free phone consultations with financial management experts
- Unlimited access to a legal and financial services website, which includes financial calculators and state specific forms
- Free Will, End of Life, and Retirement kits, as well as an Estate Planning Checklist; 10% discount on Legal Zoom
- Unlimited access to The Holman Group's website
- Monthly wellness articles
- Weekly Webinars
- Unlimited access to Community Referrals for child care, elder care, chemical dependency groups and more
- Prescription drug discount card
- Gym discounts
- TicketsAtWork – Discounts on theatre tickets, sporting events, movies, amusement parks, hotels and more

Additional Services may be provided:

Identity Theft - Identity Theft Benefits provides members with a 60-minute free consultation with a highly trained Fraud Resolutions Specialist.

LifeSolutions - Daily Living, Elder Care, Child Care, Adoption, College & Prenatal Services

WellnessConnect - helps members lead healthier lives by providing a wide array of personalized health management and wellness programs

