Helping to make your dental experience easier

Welcome to your California DHMO* dental plan

With this plan, your coverage begins right away. You don't need to meet a deductible. There's no annual limit to how much the plan will pay each year, and the plan may include care for dental issues you may have had before enrolling.

Your primary care dentist

When you enrolled in the plan, you may have chosen a primary care dentist to oversee your dental care. If you don't have a dentist—or if you want to change your dentist—call Customer Service at the number on your ID card or visit **myuhc.com®.** Be sure to choose a dentist before the 20th of the month. Your new dentist will be effective by the 1st of the following month.

If you don't choose a network dentist, you won't be able to get dental care or use your benefits, except in an emergency.

Preventive care

As long as you see your primary care dentist, your plan pays for all or most of your preventive dental care, including routine checkups, cleanings and annual oral cancer screenings for adults. You can get 2 cleanings in a 12-month period—1 every 6 months. Some plans cover more cleanings for an additional copay.

Preventive visits are important because your dentist can catch problems early when they're easier to treat. Good oral health is also linked to good overall health.

Fillings, crowns and more

Your plan covers other types of dental care, including fillings, crowns, teeth whitening, implants and braces. You just need to pay a copay at the time of your appointment. Some plans only cover silver fillings for back teeth. If you choose white fillings, you may have a higher copay.

Cosmetic procedures

Some cosmetic procedures, such as teeth whitening, are covered by your plan. Refer to your plan documents or call Customer Service for details.

Get the most from your benefits

1. Call Customer Service to choose or change your dentist
2. Find network dentists on **myuhc.com**
3. Get a referral from your primary care dentist if you need to see a specialist
4. Enjoy full coverage for preventive services
5. Pay a copay for other types of dental care, including braces

Find network dentists, your dental plan documents and complete coverage details on **myuhc.com.**

continued

United Healthcare

Make the most of your dental plan

You can see your plan details, check claims and learn about oral health on **myuhc.com.**

Find a network dentist

You have 2 options to find a network dentist:

1. Sign in to **myuhc.com** and use the **Find a Dentist** tool to search by name, facility or location—you'll see a list of dentists who are part of your network
2. Call the Customer Service number on your ID card

If a network dental provider is not available within a reasonable distance of where you live or work, you may be referred to an out-of-network dental provider and still receive services at the network rate. Please see your official dental plan documents for details about your coverage or call the number on your ID card.

Use your dental ID card

Your ID card lists the name of the person who signed up for the plan, but everyone covered by your plan should use it. Be sure to bring it with you each time you see the dentist.

Print your ID card anytime at **myuhc.com.**

Need help?

Sign in to **myuhc.com** or call **1-800-445-9090, TTY 711,**
Monday through Friday, 7 a.m. to 10 p.m. CT

United Healthcare

*Benefits for the UnitedHealthcare Dental DHMO/Direct Compensation plans are offered by Dental Benefit Providers of California, Inc. UnitedHealthcare Dental is affiliated with UnitedHealthcare.

The company does not discriminate on the basis of race, color, national origin, sex, age or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free number on your ID card.

ATENCIÓN: Si habla español (Spanish), hay de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese), 我們免費為您提供語言協助服務。請致電：1-800-445-9090, TTY 711

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete coverage details, contact either your broker or the company.

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