

Summary of Benefits

Anthem Dental Essential Choice PPO



Essential Choice Classic NV-C4
Anthem Blue Cross and Blue Shield

WELCOME TO YOUR DENTAL PLAN!

Regular dental checkups can help find early warning signs of certain health problems, which means you can get the care you need to get healthy. So, don't skimp on your dental care, good oral care can mean better overall health!

Powerful and easily accessible member tools.

- **Ask a Hygienist:** Dental members can simply email their dental questions to a team of licensed dental professionals who in turn will respond in about 24 hours.
- **Dental Health Risk Assessment:** We want our dental members to better understand their oral health and their risk factors for tooth decay, gum disease and oral cancer. This easy to use online tool can help you do this.
- **Dental Care Cost Estimator:** In order to help our dental member better understand the cost of their dental care, we offer access to a user-friendly, web-based tool that provides estimates on common dental procedures and treatments when using a network dentist.
- **Mobile Capabilities:** With our latest mobile application, members can find a network dentist as well as view their claims. Our application is available for both Android and Apple phones.

Dentists in your plan network.

- You'll save money when you visit a dentist in your plan network because Anthem and the dentists have agreed on pricing for covered services. Dentists who are not in your plan network have not agreed to pricing, and may bill you for the difference between what Anthem pays them and what the dentist usually charges.
- To find a dentist by name or location, go to [anthem.com](https://www.anthem.com) or call dental customer service at the number listed on the back of your ID card.

Ready to use your dental benefits?

- Choose a dentist from the network
- Make an appointment
- Show the office staff your member ID card
- Pay any deductible or copay that is part of your plan

Need to contact us?

See the back of your ID card for how to call, write or email us.

Your dental benefits at a glance

The following benefit summary outlines how your dental plan works and provides you with a quick reference of your dental plan benefits. For complete coverage details, please refer to your policy.

	In-Network	Out-of-Network
Coverage Year	Calendar Year	
Annual Benefit Maximum	\$1,000	\$1,000
• Per insured person • Diagnostic & Preventive Services are applied to the Annual Benefit Maximum • The total combined In and Out-of-Network annual maximum does not exceed the In-Network benefit.		
Annual Maximum Carryover	Covered	Covered
Orthodontic Lifetime Benefit Maximum	Not Covered	Not Covered
• Not Covered		
Annual Deductible		
• Per insured person • Family maximum		
	\$50 \$150	\$50 \$150
Deductible Waived for Diagnostic/Preventive Services	Yes	Yes
Out-of-Network Reimbursement	Not applicable	Maximum Allowed Amount

Dental Services	In-Network Anthem Pays:	Out-of-Network Anthem Pays:	Waiting Period
Diagnostic & Preventive Services • Periodic dental exam - o Limited to two per 12 months • Teeth cleaning (prophylaxis) - o Limited to two per 12 months • Bitewing X-rays - o Limited to one set per 12 months • Full-Mouth or Panoramic X-rays - o Limited to one per 60 months • Fluoride application - o Limited to one per 12 months through age 18 • Sealant application - o Limited to one per 60 months through age 18	100%	100%	No Waiting Period
Basic (Restorative) Services • Consultation (second opinion) - o Limited to one per 12 months; only with X-rays and no other services • Space maintainer insertion - o Limited to one per tooth space per lifetime through age 18 • Amalgam (silver-colored) filling - o Limited to one per tooth surface per 24 months • Composite (tooth-colored) filling - o Limited to one per tooth surface per 24 months • Brush biopsy (cancer test) - o Limited to one per 12 months; all ages	80%	80%	No Waiting Period
Endodontics (Non-Surgical) • Root Canal and retreatments - o Limited to one per tooth per lifetime; permanent teeth only	50%	50%	No Waiting Period
Endodontics (Surgical) • Apicoectomy and apexification - o Limited to one per tooth per lifetime; permanent teeth only	50%	50%	No Waiting Period
Periodontics (Non-Surgical) • Periodontal maintenance - o Limited to four per 12 months • Scaling and root planning - o Limited to one per quadrant per 24 months when the tooth pocket has a depth of four millimeters or greater	50%	50%	No Waiting Period
Periodontics (Surgical) • Periodontal surgery (osseous, gingivectomy, graft procedures) - o Limited to one per quadrant per 36 months	50%	50%	No Waiting Period
Extractions (Simple) • Simple extraction - o Limited to one per tooth per lifetime	80%	80%	No Waiting Period
Oral Surgery (Complex) • Surgical extraction - o Limited to one per tooth per lifetime	50%	50%	No Waiting Period
Major (Restorative) • Crowns, onlays, veneers - o Limited to one per tooth per 84 months	50%	50%	No Waiting Period
Prosthodontics • Dentures and bridges - o Limited to one per tooth per 84 months; not within 6 months of placement • Implants - Covered - o Limited to one per tooth/arch per 84 months	50%	50%	No Waiting Period
Repairs/Adjustments • Crown, denture, and bridge repairs - o Limited to one per tooth per 12 months; not within 6 months of placement • Denture and bridge adjustments - o Limited to two per(tooth) per 12 months; not within 6 months of placement	50%	50%	No Waiting Period
Orthodontic Services o Not Covered	Not Covered	Not Covered	No Waiting Period

Additional Services and Programs

Anthem Whole Health Connection - Dental®

Included

- For members with certain health conditions, additional dental benefits are available without a deductible or waiting periods. Eligible services are paid at 100% and won't reduce your coverage year annual maximum

Accidental Dental Injury Benefit

Included

- Provides members 100% coverage for accidental injuries to teeth up to the coverage year annual maximum (if applicable). No deductibles, member coinsurance, or waiting periods apply

Extension of Benefits

Included

- Following termination of coverage, members are provided up to 60 days to complete treatment started prior to their termination of coverage under the plan and eligible services will be covered

International Emergency Dental Program

Included

- Provides emergency dental benefits while working or traveling abroad from licensed, English-speaking dentists. Eligible covered services will be paid 100% with no deductibles, member coinsurance, or waiting periods and won't reduce the member coverage year annual maximum

Additional Limitations & Exclusions

Below is a partial listing of non-covered services under your dental plan. Please see your policy for a full list.

Services provided before or after the term of this coverage - Services received before your effective date or after your coverage ends, unless otherwise specified in the dental plan certificate

Orthodontics (unless included as part of your dental plan benefits) including orthodontic braces, appliances and all related services

Cosmetic dentistry provided by dentists solely for the purpose of improving the appearance of the tooth when tooth structure and function are satisfactory and no pathologic conditions (cavities) exist

Drugs and medications including intravenous conscious sedation, IV sedation and general anesthesia when performed with nonsurgical dental care

Analgesia, analgesic agents, and anxiolysis nitrous oxide, therapeutic drug injections, medicines or drugs for nonsurgical or surgical dental care except that intravenous conscious sedation is eligible as a separate benefit when performed in conjunction with complex surgical services.

Waiting periods apply for Major Services and Orthodontic Services for all Voluntary plans.

Missing tooth clause of 24 months applies for the replacement of congenitally missing teeth or teeth lost prior to the coverage effective date for this plan

This is not a contract; it is a partial listing of benefits and services. All covered services are subject to the conditions, limitations, exclusions, terms and provisions of your policy. In the event of a discrepancy between the information in this summary and the policy, your policy will prevail.